Procedure when a new coronavirus infection occurs

No Travel and Contact History

International Travels
「**Notice of Travel**」 & 「**Notice of Return**」 → Submit via Web
「**Self-Monitoring Sheet** 」
（two weeks after entering Japan）
→ Submit to IU Health Center

New Foreign People Entering from Abroad
「**Check List of Your Health** 」
「**Self-Monitoring Sheet** 」
（two weeks after entering Japan）
→ Submit to IU Health Center

With Symptoms

・If you have cold symptoms and/or fever (37.5C/ 99.5F or higher) for more than 4days. （Including when you need to take fever reducer）
・If you feel exhausted all over (malaise) or have breathlessness (dyspnea)

Consult by Phone

No Symptoms

Record health condition for two weeks

End of follow up

〇Morioka City
Call Centers for Japanese Returnees and Potential Contacts
9am - 5pm （Weekday）
019-603-8308
Holiday/Nigh Time
019-651-4111

〇Iwate Prefecture
Public Health Center
24Hr （Everyday）
019-651-3175

Seeking Diagnosis → **Follow-up**

Report the instructions from Call Center or Public Health Center

Iwate University Health Service Center
019-621-6550 or 019-621-6074

Crisis Management HQ

Treatment
「**Notice of Illness**」
→ Submit via Web

End of follow up

After Treatment Completed
「**Notice of Treatment Completion**」 → Submit via Web

Restart study or work at Iwate University

When you have symptoms, please stay at home to prevent the spread of the infectious disease

Please be sure to call Iwate University Health Center